#### **Monthly Programme Report**

## St. Teresa's College (Autonomous), Ernakulam BMC

Institution Name: St. Teresa's College (Autonomous),

BMC Code: ERM/2010/04 **Ernakulam** 

#### ProgrameTitle: HEAL TOMORROW - FIELD VISIT TO GOVT. HSS ELAMAKKARA

Program Category: Field Visit/Nature Activity Type: Action Program No.of participants: 500 Camp Planned Date: 27-08-2024 Renewed date: -Program Date: 27-08-2024 Budgeted Amount: Rs 1000/-Total expenditure: Rs 0/-Balance: Rs 0/-

### **Brief Report**

The BMC student volunteers visited Govt HSS, Elamakkara, on 27 August 2024 to create environmental awareness among the young minds, focusing on issues surrounding plastic pollution and its impact on animals and aquatic life. The program was scheduled as a series of activities to educate and inspire the school students to adopt sustainable practices in their day-to-day lives.

The program started with a session on introducing the YOUKAN HEAL initiative to the school students, mentioning its aim to raise awareness about plastic pollution and to promote sustainable practices. Later, an interactive session was conducted to minimize plastic use and several preventive measures against plastic pollution were introduced. Students showed their active participation by asking questions and sharing their doubts about how to reduce plastic usage in their homes.

Further, the BMC student volunteers spoke about the hazards of plastic bags and how they affect aquatic life, animals and the environment, hinting at the increased use of plastic bags in society and the impacts of burning plastic waste on human health. This session was concluded by inspiring the students to ban plastic bags and switch to more sustainable measures. The session was concluded by emphasizing the importance of using eco-friendly packaging, cloth bags, DIY products, and t-shirt bags which can be made at zero cost. The volunteers encouraged the school students to educate their family and friends on the same.

Overall, the BMC student volunteers had a fruitful and highly rewarding experience at Govt. HSS, Elamakkara. The school students were eager to learn and actively participated in all activities. The field visit was conducted in the belief that by educating young minds about environmental issues and encouraging them to take action, the youngsters can create a more sustainable future for the planet.

# **Photographs**





